

# East House Newsletter Class of 2022

Todd A. Richard, House Principal

J.P. Zuccherro, Assistant Principal

Fall 2021

October 8, 2022

## Dear Class of 2022:

As we prepare to complete the first mid-marking period, our focus continues to be driven principally by the well-being and success of our students. Congratulations on finishing your first month of senior year! We hope you are feeling energized and excited for the journey ahead.

This year's theme for the 12th grade class is **Building Social-Emotional Intelligence Skills**. To learn more, please view the following: [How to Improve Your Emotional Intelligence](#) from Harvard University's Division of Continuing Education. The Harvard Business School also offers great resources on understanding emotional intelligence here: [Emotional Intelligence Skills: What They Are & How to Develop Them](#). By building stronger and more effective social-emotional skills, we will strengthen our ability to build a stronger community grounded on a sense of belonging.

We hope the following information will assist students and families in thinking about planning for 12th grade and beyond. Feel free to click on any hyperlinks or emails to gain further information on any particular topic.

Let's make the best of our time together. Here we go Class of 2022!!

## Senior Night: Recording Available to View

Senior Night was an evening webinar program designed to provide 12th grade STUDENTS and their PARENTS with an overview of the college application process. Topics included recommendations, common applications, applying online, completing college applications, and much more.

The link to the recorded webinar can be found by clicking here: [Senior Information Night](#)

Follow-up questions can be emailed to your child's respective school counselor: see [Directory of House Offices](#).

## Important Attendance Information

All schools in the ACSD will collect and report daily teacher/student engagement or attendance regardless of the instructional setting. This will occur whether school opens in-person, hybrid, or remote. Attendance policies and procedures will be communicated with families and students prior to the start of the school year or if the instructional model changes during the year. Teachers will record daily attendance in our student management system based on the required daily scheduled student contact and engagement.

**Contact with the families will be made to determine reasons for absence and needs or barriers the student may have to participate in daily lessons. All students are expected to attend school on time each and every day.**

If your student is unable to access learning due to sickness or other reasons, use the email below to communicate to the attendance office. In your email, please add the following:

- (1) the student's full name      (2) days and dates absent from school
- (3) the reason for absence or tardiness

**NOTE: Please use this email when you are sending in a note for your child. The email address is as follows: [ahsattendance@acsdny.org](mailto:ahsattendance@acsdny.org)**

## Senior Class Dates, Events, and Information!

- **Friday, October 1st - Senior Sunrise & Breakfast (6:30 – 7:30 AM)**  
Join us on the maroon field to watch the sun come up and then have a little breakfast outside the LGI to celebrate the beginning of your senior year! We will have class event information and a run-down of the year ready for you!
- **Sunday, October 17th: Puff Bowl (8:00 AM to 12:00 PM) (Rain date: Sunday, October 24th)**  
Our annual Puff Bowl game is a chance for our Admirals to show off their football skills! Sign-ups for coaches and players will begin on Tuesday, September 14th in the main office and will run until Monday, September 27th,  
Draft: (Coaches Only)- Wednesday, September 29th, in room 1433 (Chef Losee's room) from 2:20-3:15 PM
- **Thursday, November 18th: NHS Induction (7:00 to 9:30 PM)**
- **Various Weekends in November: Seniors Helping Citizens - Want to give back to your community?**  
Need community service hours? Come help us as we ready the lawns of our community for the upcoming winter! If you know of a senior citizen that might be in need of some help this fall, please give Mrs. Dugard, Chef Losee or Mrs. Marshall their name and contact information ASAP!
- **Friday, February 11th, Mr. Arlington 7:00 PM (Run by the Juniors, Class of 2023)**
- **Wednesday, March 2nd, Buff Bowl (2:30 to 5:00 PM)**  
Our annual Buff Bowl game is a chance for our Admirals to show off their volleyball talents! Sign-ups for coaches and players will begin on Tuesday, January 18th in the main office and will run until Friday, February 4th.  
Draft: (Coaches Only) - Monday, February 7th in room 1433 (Chef Losee's room) from 2:20 - 3:15 PM
- **Tuesday, April 26th, Honor Key Awards 7:00 PM**
- **Friday, June 10th: Senior BBQ (2:30 - 4:30PM)**  
Bring your yearbook and your appetite! Come enjoy the last Friday of high school with your friends, teachers, guidance counselors, office staff, and administrators!
- **Wednesday June 22nd: Senior Prom (5:30 - 10:30 PM)**  
Get your dancing shoes on! It's our last big event together at The Grandview from 5:30 PM to 10:30 PM.  
*Informational Packet:* Tuesday, April 5th in the East Office  
*Online Ticket Sales:* Friday, May 2nd, thru Monday, May 16th  
*Registration & Table Selection:* Thursday, May 19th from 5:00-7:00 PM in Café C/D  
*School Day Registration:* Tuesday, May 23rd - Thursday, May 26th in room 1433  
*Prom:* Wednesday, June 22nd from 5:30 PM to 10:30 PM
- **If you have any questions about these dates or events, please EMAIL us at [seniorclass@acsdny.org](mailto:seniorclass@acsdny.org) for clarifications.**



**Class of 2022 on Twitter!**

**[@ahshouseof2022](https://twitter.com/ahshouseof2022)**



*Our mission is to empower all students to be self-directed, life-long learners, who willingly contribute to their community, and lead passionate, purposeful lives.*

**Please help us remain a latex-free school!**

## Important 2021 Dates: SAT and ACT Exams

- SAT Exams @ Arlington - 11/6/21, 12/4/2021
- ACT Exams @ Arlington - 10/23/21

## AHS Fall Festival 2021

The AHS Fall Festival will include food, music, and games. More info can be found by clicking [here](#). Ticket sales for Seniors and Juniors will take place on Tuesday 10/12 and Wednesday 10/13.

## Chromebook Store Hours

Have questions about Chromebooks? Replacements, repairs, and most anything Chromebook related can be addressed with our Chromebook Store! See schedule below.

### BEFORE SCHOOL 7:15 to 7:40 AM



END OF PERIOD 1	8:16 to 8:35 AM
END OF PERIOD 2	9:06 to 9:20 AM
END OF PERIOD 3	10:01 to 10:11 AM
END OF PERIOD 4	10:52 to 11:05 AM
END OF PERIOD 5	11:43 to 11:55 AM
END OF PERIOD 6	12:34 to 12:45 PM
END OF PERIOD 7	1:25 to 1:40 PM

Room 2328

### AFTER SCHOOL 2:15 TO 2:25 PM

## Mental Health Awareness Week October 3rd - 9th

Each year, millions of Americans face the reality of living with a mental health condition. However, mental illness affects everyone directly or indirectly through family, friends or coworkers. Despite mental illnesses' [reach and prevalence](#); unfortunately, stigma and misunderstanding are also widespread.

**That is why each year, during the first week of October, NAMI and participants across the country raise awareness of mental illness.** Each year, we educate the public, [fight stigma](#) and provide support. Our movement grows stronger and more widespread.

We believe that mental health conditions are important to discuss year round, but highlighting them during Mental Illness Awareness Week provides a dedicated time for mental health advocates across the country to come together as one unified voice. Since 1990, when Congress officially established the first full week of October as Mental Illness Awareness Week (MIAW), advocates have worked together to sponsor activities, large or small, to educate the public about mental illness. To learn more click [here](#).

NAMI (National Alliance on Mental Illness) Mid-Hudson provides FREE education, support, and resources for families impacted by mental health conditions. Visit [www.NAMIMidHudson.org](http://www.NAMIMidHudson.org) to learn more.

## Podcast Recommendation: NPR's *Throughline*

The past is never past. Every headline has a history. Join us every week as we go back in time to understand the present. These are stories you can feel and sounds you can hear from the moments that shaped our world.

Check out Throughline episodes by clicking [here](#).

**Athletics:** For more information on athletics, please click here: [Athletics](#)

## Celebrating National Hispanic Heritage Month

[National Hispanic Heritage Month](#) traditionally honors the cultures and contributions of both Hispanic and Latino Americans as we celebrate heritage rooted in all Latin American countries. During this month and throughout the year, the National Park Service and our partners share history, heritage, and accomplishments of Hispanic and Latino Americans of past and present.

Hispanic refers to a person who is from, or a descendant of someone who is from, a Spanish-speaking country. Latino/a or Latinx refers to a person who is from, or a descendant of someone who is from, a country in Latin America. Join the conversation on social media by sharing your own inspiration and learning more about Hispanic and Latino heritage by using #HispanicHeritageMonth. Learn more [here](#).

## Academic Support

**Don't continue to struggle – help is available:**

- Have you stayed after with your teacher? If not, find out when your teacher stays after – your teacher is your best resource for extra help.
- Having trouble in math? Stop by the Math Learning Center during lunch or study hall. The MLC is open every period, every day, and is staffed by one of our math teachers. Simply ask your math teacher for a pass.
- The Foreign Language lab is now available during lunch periods. Ask your foreign language teacher or guidance counselor for more information.
- Need help with writing a paper for ANY subject? Stop in the Writing Lab and an English teacher will help you craft that great essay!
- Sign up to receive a PEER TUTOR! Work one-on-one with a student who has excelled in the subject you are struggling with. You and your tutor set the date and time that you will meet. This is a free service offered through the guidance department. Ask your school counselor for more information.
- Are you unsure of how to take class notes or how to study for a test? Go see your guidance counselor! Your counselor can assist you with study skills, test taking strategies, organization, and note-taking.

## How to Obtain Working Papers

School districts in New York State must continue to issue employment certificates to qualified applicants, including during school closures. Section 3215-a of New York State Education Law requires schools to provide this service for pupils and employers in the community. School superintendents have the authority to designate principals or other school officials to act as certificating officials, and nonpublic schools and BOCES may issue such certificates to their own students. Minors may apply for certificates where they live, where they go to school, or where they are to be employed. During the period of school closures due to COVID-19, Arlington Central School District has elected to issue working papers using an alternative process. [Procedures](#) and [forms](#) can be found in the school website *QuickLinks* section under [Working Papers Instructions and Forms](#).

## Dutchess BOCES CTI Counselors:

Kirstin Litwin, Students: A-K  
845-486-8001 ext. 4534  
[kirstin.litwin@dcbooces.org](mailto:kirstin.litwin@dcbooces.org)

Deanna Pillius, Students: L - Z  
845-486-8001 x 4544  
[deanna.pillius@dcbooces.org](mailto:deanna.pillius@dcbooces.org)

**Important School Information: Parents/Guardians please be aware that all students are responsible for knowing the contents of the AHS Student Handbook and the [District Code of Conduct](#)**

## Dutchess County Youth Council

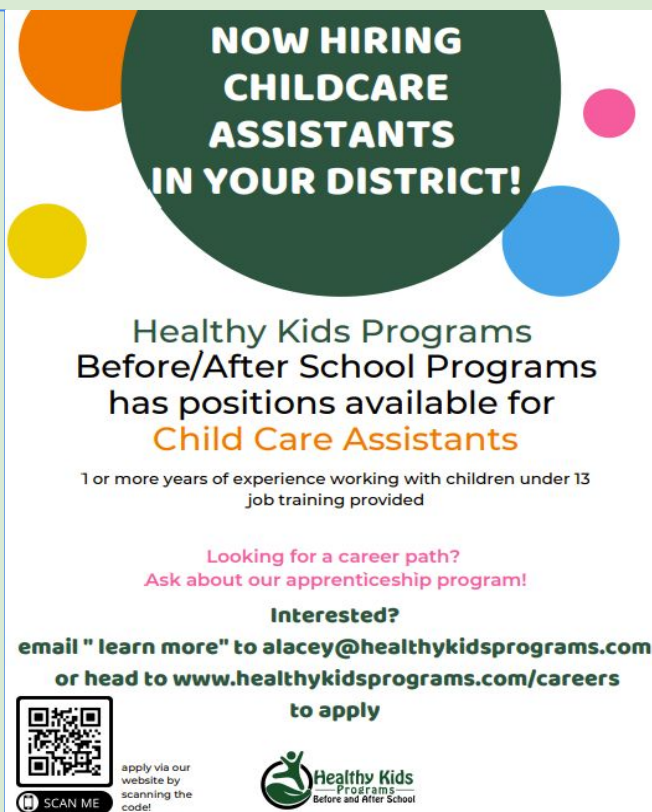
DCC Youth Council is a group of high school teens from all over the county. There are monthly gatherings during which they will discuss, plan, and execute a variety of community service projects as well as receive training in leadership and facilitator skills, public speaking, and other areas of interest. In addition to learning about youth programs that are making a positive impact on young people in this county, there will be opportunities to attend conferences and lectures dealing with youth issues. These symposiums not only teach them how to advocate for young people, they teach about grant writing and program planning as well as offer the proper training to sit on advisory boards. There are opportunities to speak to adult groups about how young people feel about important societal issues. As the students participate in varied council activities, they forge new friendships, learn new skills, and enjoy giving back to their community.

If you feel you would enjoy these opportunities, we encourage you to apply. Applicants should reflect a diversity of interests. Students from all academic tracks are welcome. Please find the application here: [2021-22-Youth-Council-Application-Fillable](#)

If you have any questions about the Youth Council, please call 485-3664, or e-mail [Corinne.Lesko@dfa.state.ny.us](mailto:Corinne.Lesko@dfa.state.ny.us). Corinne would be happy to speak with you about the Youth Council.

### Healthy Kids Program: Now Hiring Childcare Assistants!

- Healthy Kids Programs: Before/After School Programs has positions available for Child Care Assistants
- 1 or more years of experience working with children under 13 job training provided
- Looking for a career path? Ask about our apprenticeship program
- Interested? email "learn more" to [alacey@healthykidsprograms.com](mailto:alacey@healthykidsprograms.com) or head to [www.healthykidsprograms.com/careers](http://www.healthykidsprograms.com/careers) to apply




**NOW HIRING  
CHILDCARE  
ASSISTANTS  
IN YOUR DISTRICT!**

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**Child Care Assistants**


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Looking for a career path?  
Ask about our apprenticeship program!

**Interested?**  
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or head to [www.healthykidsprograms.com/careers](http://www.healthykidsprograms.com/careers)  
to apply



apply via our  
website by  
scanning the  
code!



Healthy Kids  
Programs  
Before and After School

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